BEST START IDAHO Breastfeeding Promotion and Support Materials

These materials are available from the Idaho WIC Program and are free of charge to Idaho physicians, hospitals, clinics, and other Idaho partners in promoting and supporting breastfeeding. To order, complete the enclosed order form and mail or fax to: Idaho WIC Program, P.O. Box 83720, Boise, Idaho 83720-0036, Fax: (208) 332-7362.

| Name: | Telephone: (208) | | | | | | |
|--|--|--|-----------------|------------|--|--|--|
| Organization/Group: | | | | | | | |
| Mailing Address: | | | | | | | |
| City: | | | | | | | |
| Item | Number Requested | How Will Items be Used? (must be completed before item/s are shipped) | | | | | |
| GENERAL BREASTFEEDING PROMOTION AND SUPPORT | | | | | | | |
| Gratitude Cards | RC Gorman | ☐ clients/patients | ☐ staff | □ outreach | | | |
| Up to 10 of each per request | Modern | Other: | | | | | |
| Plastic Bags with Breastfeeding Message Up to 100 per request | | clients/patients Other: | □ staff | □ outreach | | | |
| Supersized Breastfeeding Magnet Up to 25 per request | | clients/patients Other: | □ staff | □ outreach | | | |
| Kangaroo Crib Card Up to 500 per request | Pink Blue | clients/patients Other: | \square staff | outreach | | | |
| Fan Listing Breastfeeding Benefits Up to 100 per request | | clients/patients Other: | □ staff | □ outreach | | | |
| BREASTFEEDING-FRIENDLY MESSAGES FOR CLINIC, HOSPITAL, AND WORK ENVIRONMENTS | | | | | | | |
| Pens and Note Pads Pens: Up to 25 per request Note Pads: Up to 100 per request | Pens Note Pads | clients/patients Other: | | outreach | | | |
| "Loving Support" Posters Busy Moms Embarrassment Encouragement | ES NAm ES NAm ES NAm | clients/patients Other: | □ staff | outreach | | | |
| Up to 5 per organization "Loving Support" Pamphlets Busy Moms Embarrassment Encouragement Up to 100 of each per request. | ESNAm ESNAm ESNAm | clients/patients Other: | □ staff | □ outreach | | | |
| BREASTFEEDING INFORMATION AND SUPPORT FOR FAMILIES | | | | | | | |
| Breastfeeding Basics Series Getting Started The First Six Weeks Common Concerns Collecting and Storing Milk Up to 1000 of each per request | Order in groups of 100 E S E S E S E S | clients/patients Other: | □ staff | □ outreach | | | |
| Idaho's Local Community Breastfeeding Resource & Referral Tear Sheets | | clients/patients Other: | □ staff | outreach | | | |

| WORKING & BREASTFEEDING: INFORMATION FOR EMPLOYERS, EMPLOYEES & CHILDCARE PROVIDERS | | | | | | |
|--|--------|---------------------------|-----------------|------------|--|--|
| "Breastfed Babies Welcome Here!" Up to 2 per request | | clients/patients Other: | | outreach | | |
| Breastfeeding: The Best Investment Up to 100 per request | | clients/patients Other: | \square staff | outreach | | |
| What Child Care Providers Need to Know/What Breastfeeding Mothers Need to Know | | clients/patients Other: | □ staff | outreach | | |
| Working and Breastfeeding: Can You Do It? (Yes You Can) Up to 10 of each per request | E S | Other: | □ staff | outreach | | |
| "Working and Breastfeeding in Idaho" Up to 5 per organization | | ☐ clients/patients Other: | | | | |
| RESOURCES FOR PHYSICIANS, HEALTH CARE PROFESSIONALS, EDUCATORS & PUBLIC HEALTH PLANNERS | | | | | | |
| HHS Blueprint for Action on Breastfeeding Up to 5 per request | | clients/patients Other: | | | | |
| Advancing Women's Health: Health Plans' Innovative Programs for Breastfeeding Promotion 1 per request | | clients/patients Other: | | | | |
| Best Practices in Women's Health: Identifying Innovative Care – Breastfeeding 1 per request | | Clients/patients Other: | | | | |
| Breastfeeding in the United States: A National Agenda Up to 5 per request | | clients/patients Other: | □ staff | □ outreach | | |
| Breastfeeding: Best for Idaho 1 per request | | clients/patients Other: | \square staff | outreach | | |
| Evidence-Based Guidelines for Breastfeeding Management 1 per request | | clients/patients Other: | □ staff | outreach | | |
| A Review of Medical Benefits and Contraindications to Breastfeeding 1 per request | | clients/patients Other: | □ staff | outreach | | |
| ACOG Educational Bulletin - Breastfeeding: Maternal and Infant Aspects | | clients/patients Other: | □ staff | outreach | | |
| Breastfeeding Basics for Nurses Course Up to 20 per organization for staff training | | clients/patients Other: | □ staff | □ outreach | | |
| Basic Lactation Concepts Training Curriculum Kit 1 per request | | ☐ clients/patients Other: | | □ outreach | | |
| IDAHO WIC PROGRAM INFORMATION | | | | | | |
| Information "Trigger" Cards | E S | clients/patients Other: | □ staff | □ outreach | | |
| Idaho WIC Authorized Food List | E S | clients/patients Other: | □ staff | □ outreach | | |

Idaho WIC on the Web: Detailed information about the Idaho WIC Program can be found at www2.state.id.us/dhw/wic/. The Idaho WIC Program welcomes your questions, comments or suggestions about these materials. Contact the Idaho WIC Program at (208)334-4934, or e-mail Linda Morton, State Breastfeeding Promotion Coordinator, at mortonl@idhw.state.id.us.